

# BC DISPATCH

*APRIL 2018*

*Bear Creek High School  
9800 West Dartmouth Place  
Lakewood, Colorado 80227  
(303) 982-8855*

Dear Parents and Guardians,

It is amazing how quickly second semesters go! As we start winding down the current school year, we reflect on the many wonderful thoughts and memories of the great successes our students have experienced this year. Our seniors are turning their attention to life after high school. They are experiencing a host of emotions, excitement and anxiousness, as we approach our graduation ceremony at Red Rocks on Friday May 18, 2018 at 9:00 a.m. We will be hoping for better weather this year!! We are confident that our graduating seniors will be difference makers in this world. Our current juniors have begun to shift their thinking toward post-secondary plans as well and many are considering summer college visitations. We encourage families to consider making these college visits over the summer months as it helps to develop a vision for students as they enter their senior year.

Please pay special attention to information in this newsletter about upcoming state testing. Our testing schedule involves students in grades 9-11. This is an intense series of assessments designed to diagnose how students are performing compared to state standards. We take the results of these tests very seriously and we use them for instructional planning and interventions.

Being a student, parent, or staff member can be stressful as we hear of school shootings and other safety concerns at schools throughout the nation. I am proud of our students who have spoken up when safety concerns arise. These reports allow us to investigate and maintain safety here at Bear Creek High School. I would like to remind students that if they hear of or witness an unsafe situation, please encourage them to immediately tell a teacher, school administrator, and/or police. Students may also call the Safe2Tell program to report safety concerns anonymously at 877-542-7233, or report online at <https://safe2tell.org/>.

While we get ready to wind down the 2017-18 school year, we are also planning for the coming school year. We will begin the 2018-19 school year with a 9<sup>th</sup> grade Orientation Day on Thursday August 16<sup>th</sup> and all students will report on Friday August 17<sup>th</sup>. Watch for more information about these important dates coming soon. To see a full school year calendar, please visit: <http://www.jeffcopublicschools.org/about/calendars>.

We look forward to a successful completion of the current school year and continued partnership with our parents and guardians. Thank you for all that you do to support you children and our school!

Sincerely,

Lynn Torr  
Principal

## BELL SCHEDULE SENIOR FINALS

**Monday, May 14<sup>th</sup>** (Wednesday Schedule – 1, 3, 5, 7)  
**Tuesday, May 15<sup>th</sup>** (Thursday Schedule – 2, 4, 6)

## BELL SCHEDULE FINALS GRADES 9 THROUGH 11

### Wednesday, May 23 (full day)

#### Final Exam Bell Schedule

Period 1	7:15-8:45	
Period 3	8:52-10:22	
BCTN	10:22-10:32	
Period 5	Lunch A	10:39-11:17
	Class A	11:22-12:52
	Class B	10:39-12:09
	Lunch B	12:14-12:52
Period 7	1:00-2:30	

### Thursday, May 24 (half day)

#### Final Exam Bell Schedule

Period 2	7:15-8:45
Period 4	8:52-10:22
Period 6	10:29-11:59

### **NO LUNCH PROVIDED**

Buses leave at 2:30 p.m.

**The last day to reserve a 2017-2018 Yearbook is Monday, April 30, 2018, by 3:00 p.m. To be guaranteed a yearbook, you must reserve one by this date.**



**Reserve one today in the Financial Office  
for \$70.00.  
You don't want to miss out!**

## BEAR CREEK HIGH SCHOOL 2017-2018 CALENDAR

04/04/18	End of Fifth Six Weeks
04/10/18	State ACT Testing/11 <sup>th</sup> Grade
04/11/18	PSAT Testing/9 <sup>th</sup> and 10 <sup>th</sup> Grade
04/26/18	Spring Sports Assembly Talent Show
04/27/18	Prom/After Prom
05/10/18	Academic/Athletic Awards Night/6:00 p.m.
05/14/18	Seniors Finals/Periods 1, 3, 5, 7
05/15/18	Seniors Finals/Periods 2, 4, 6
05/17/18	Graduation Rehearsal/Main Gym/12:00 noon Senior Picnic/2:00 p.m.
05/18/18	Graduation @ Red Rocks/9:00 a.m.
05/23/18	Final Exams
05/24/18	Final Exams
05/25/18	Teacher Professional Development
05/28/18	Memorial Day
05/29/18	Teacher Professional Development
05/30/18	Teacher Check-Out

## SENIOR FIELD STUDIES

Twenty-seven seniors from Bear Creek who have enrolled in SENIOR FIELD STUDIES 2018 have finished the Orientation Field Studies and are back from a two week backpacking trip to the Arizona Desert. See photos at [www.seniorfieldstudies.org](http://www.seniorfieldstudies.org).

These students are currently doing an individual community service project, and are planning for the Urban Field Study, which consists of 12 field visits in the Denver Metro area to see how cities work. In April they will spend a week living with a Colorado farm or ranch family and will end the semester with a week long white water rafting trip in Utah in May.

The course is all day and semester long. Students earn the same credits as taking 6 classes including .5 English, 1.5 Social Studies, .5 Safety and First Aide, and .5 Community Service credits. The cost of the semester long course is \$1400.00. For more information about SENIOR FIELD STUDIES, contact Steve Porentas at [sporenta@jeffco.k12.co.us](mailto:sporenta@jeffco.k12.co.us).

## PARENTS OF GRADUATING SENIORS

Please print a copy of your student's Immunization record from Parent Portal, before graduation, as your student will need a copy to enroll in college.

## BEARS HONORED BY THE COLLEGE BOARD

Congratulations to our BCHS Bears who were honored by the College Board for their strong performances on their Advanced Placement Exams.

AP Scholar with Honor: Granted to students who receive an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams.

Hannah Arnold  
Abbegayle Culig  
Courtney Roush  
Jessica Schroeder  
Margo Schumann  
Alexandrea Wilson

AP Scholars: Granted to students who receive scores of 3 or higher on three or more AP Exams.

Annalisa Benson  
Ryan Dalton  
Cooper Erickson  
Makylah Garcia  
Jason Le  
Chloe Lopez-Jauffret  
Braden Overton  
Melanie Schwengler  
Joanna Sherrill  
Josie Steffens  
Reina Trujillo-Stryzak  
Ryan Zakhem



## FROM THE FINANCIAL OFFICE

Our annual Fines list (always a long one) will be posted beginning April 3, 2018 outside the Financial Office window. Please stop by and check the list to see if you have any outstanding fines that need to be taken care of.

Students, if you have any questions concerning your account, stop by and talk to Ms. Shellhorn in the Financial Office. She doesn't bite!

Yearbooks and graduation cap and gown **will not** be distributed to students who have outstanding fines. If you have a fine from last year, and picked up your yearbook that just means a fine was put on after yearbook distribution.

We need communication from parents if you cannot afford to pay part or all of your student's school fees. We can work with you so we are not continuously trying to collect from you. However, we cannot waive fines for textbooks, library books, music pieces, parking citations and various other fines that may have been issued. If your student has any of the textbooks, library books, etc. in their possession, please have them drop them off at the Financial Office.

**Seniors Please Note:** Yearbook and Cap and Gown distribution is right around the corner! Don't be turned away because you have an outstanding fine. All seniors must have their accounts at a **ZERO** balance in order to receive their cap and gown for graduation. The sooner you take care of this, the less you have to worry about at year's end.

To see your student's fees and/or fines, you can log onto Jeffco Connect, pull up your student, click on the "Jeffco Student Fee Payment" link (left hand side – last in list), click on the "Fee Stmt" link and this will show you everything that has been paid and what is still owed. If there are optional fees showing, remember, those you do not have to pay. They are optional.



## SENIORS

Graduation – 9:00 a.m., Friday, May 18, 2018  
at Red Rocks Amphitheater

In order to participate in the graduation ceremony, seniors must complete the following:

- Pay the graduation fee of \$25.00
- Pay all fines to Ms. Shellhorn in the Financial Office. Please check in the Financial Office for any outstanding fines. You will receive your cap and gown at rehearsal if fines are paid. Please don't wait until the last minute; take care of this NOW.
- Order and wear the Bear Creek High School cap and gown. If you have not ordered your cap and gown, please contact Troy Tyson at Josten's immediately at (303) 470-5136.
- Attend graduation rehearsal on Thursday, May 17, 2018 at 12:00 noon in the main gym at BCHS.
- Complete all correspondence courses by April 6, 2018. The transcript must be in the counselors' office by May 1, 2018.

If you have questions please contact Ms. Cole, (303) 982-8759.



**SENIORS REPORT TO RED  
ROCKS AT 8:00 A.M. ON  
MAY 18, 2018**

# GRADUATION INFORMATION

## ~CLASS OF 2018~

### CONTACT PERSON

Mrs. Liz Cole [ecole@jeffco.k12.co.us](mailto:ecole@jeffco.k12.co.us)  
(303) 982-8759

### SENIOR FINALS

Friday, 5/14 – Periods 1,3,5,7  
Monday, 5/15 – Periods 2,4,6

### GRADUATION REHEARSAL

5/17 – 12:00 pm in the main gym  
\*All students who plan on participating in Graduation at Red Rocks must attend\*

### SENIOR PICNIC

Thursday, May 17 @ 2:00pm (Clement Park)

### GRADUATION CEREMONY

Friday, May 18, 2018  
9:00 am  
Red Rocks Amphitheatre  
Graduates must report no later than 8:00 am at the top Red Rocks

### GENERAL INFORMATION

Cap & Gown – Caps & Gowns will be distributed after rehearsal on 5/17 after all fines and fees are cleared. Caps & Gowns can be ordered through Jostens at (303) 470-5136

Ceremony Expectations –

- Graduation is not meant to be a party. It's a celebration.
- Dress appropriately.
- Be respectful to all graduates and attendees.
- Please refrain from using noise makers during the ceremony.

Diplomas – Diplomas will be presented after the graduate exits the stage. Legal names are printed on diplomas and read at graduation.

Fines & Fees – All fines and fees must be cleared and books returned in order to pick up cap and gown at the rehearsal. Contact Gina Shellhorn at (303) 982-8860 with finance questions.

Handicap/Elderly/Disabled –

- Reserved seating will be available (rows 1-8). Space is limited, we ask that only one additional person per family sit in the designated area. No tickets will be issued for this area.
- Row 1 is reserved for WHEELCHAIRS ONLY.
- Shuttle busses will be available from the upper South lot for handicap, elderly, and disabled only. All others are expected to walk.
- You do not need to contact the school if you plan to utilize the shuttle or reserved seating.

Parking – Red Rocks charges \$10 per car. The parking lot can get congested and the walk is tough. Arrive early.

Photos – Photos can be purchased from Grad Images, 1-800-628-4509 or [gradimages.com](http://gradimages.com).

Tickets – Tickets are not needed for graduation. Seating is on a first come, first served basis.

Video - TBD

Weather – If it rains, we get wet. Please come prepared with an umbrella. The weather would have to be very severe in order for us to move the ceremony to the gym. If this occurs, please check the Bear Creek website for updates.

**BELL SCHEDULE  
TESTING WEEK  
Schedule for April 9<sup>th</sup>  
through April 13<sup>th</sup>**

**Monday, April 9**

Monday Schedule

**Tuesday, April 10**

**7:15-11:15 a.m.**

- SAT test for all juniors  
No school for 9<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders  
No afternoon classes  
(SAT plus writing will go until 12:30 p.m.)

**Wednesday, April 11**

**7:15a.m.-12:30 p.m.**

- PSAT for 9<sup>th</sup> and 10<sup>th</sup> graders  
No school for 11<sup>th</sup>, and 12<sup>th</sup> graders  
No afternoon classes for 9<sup>th</sup> graders

**Thursday, April 12**

Wednesday Schedule

**Friday, April 13<sup>th</sup>**

Thursday Schedule



**STUDENT DROP-OFF AND PICK-UP**

A reminder to parents, the faculty staff parking lot is not to be used for student drop-off or pick-up anytime during the school day, especially after school. Parents may park in the student parking lot on the north side along Dartmouth and your student may meet you there in the afternoons. In leaving the student parking lot, parents are able to make a right turn out of the student lot and drive straight to Dartmouth without making a left into traffic from the faculty staff parking lot which will create less congestion. Thank you for your consideration in keeping our students and staff safe.



**NO CLASSES FOR STUDENTS  
ON FRIDAY, MAY 18, 2018**

Thursday, May 18<sup>th</sup> is graduation at 9:00 a.m. at Red Rocks Amphitheater. There are no classes for all students on Friday, May 18<sup>th</sup>.

## **April 2018 Testing Days Schedule**

Below is the information for the testing days for April 10<sup>th</sup> – 11<sup>th</sup>. We want to strongly encourage parents/guardians not to schedule appointments on these days if it is a testing day for their student. Should you have any questions about this schedule or about testing in general, please contact Assistant Principal, Ms. Minnotte at [ominnott@jeffco.k12.co.us](mailto:ominnott@jeffco.k12.co.us)

### **9<sup>th</sup> grade schedule**

#### **Tues. 4/10:**

No testing scheduled  
No classes

#### **Wed. 4/11:**

7:15 – 11:15 PSAT 9  
No afternoon classes

### **10<sup>th</sup> grade schedule**

#### **Tues. 4/10:**

No testing scheduled  
No classes

#### **Wed. 4/11:**

7:15 – 11:15 PSAT 10  
No afternoon classes

### **11<sup>th</sup> grade schedule**

#### **Tues. 4/10:**

SAT test – 7:15 – 11:15  
(SAT with writing until 12:30)

#### **Wed. 4/11:**

No testing scheduled  
No classes

#### **Thurs. 4/12 – Thur. 4/19**

CMAS Science testing in regularly  
scheduled Science classes

**\*\*\*12<sup>th</sup> grade has no classes on 4/10 and 4/11**

**Buses will run on a normal schedule these days, and depart from BCHS at 2:40pm – students are permitted to wait in the cafeteria for the bus departure if a ride cannot be arranged.**

**Lunch will be served on 04/10 and 04/11, but on a limited menu.**

# KEEPING OUR CHILDREN SAFE

## Statistics:

- An estimated 160,000 children miss school everyday due to fear of attack or intimidation by others.
- 76.8 percent of students in one study stated they had been bullied and they had experienced severe reactions to the abuse.
- A survey conducted by the American Association of University Women reported that 85 percent of girls and 76 percent of boys have been sexually harassed in some form.

These numbers are alarming and with the latest generation the ability to utilize technology has expanded the reach for abuse in what we now call **cyber bullying**. It has been estimated that approximately 20 percent of children 11-18 years have been a victim at some point of their life. The effects are devastating leading to depression, anxiety and low self-confidence. Some cyber bullied youth have also reported suicidal thoughts. In addition to the cyber abuse sustained by their peers the possibility for victimization by sexual predators is real. While access to the internet can provide children with important learning experiences the internet provides access to large numbers of children and allows the sexual predator to remain anonymous. Results of a recent national survey have indicated one in five youth is sexually solicited over the internet. Given the potential dangers of children's internet usage, and other media sources such as instagram and snap shot, the following strategies are offered for parents in keeping their children safe.

1. Talk with your adolescent about the potential hazards of online sexual solicitation and the risks associated with internet communication with strangers.
2. Discuss the dangers of face-to-face contact with someone met online.
3. Teach your child to avoid sending personally identifying information (e.g. real name, address, school, telephone number, photos) via the internet.
4. Encrypt your wireless home network.
5. Discourage your child from downloading games and other media which could contain Trojan and worm programs that enable remote access to computers by unauthorized users.
6. Supervise/monitor internet friends in a fashion similar to how neighborhood and school friends are monitored.
7. Set the internet browser (e.g. Internet Explorer) security feature to "high".
8. Place the computer in a public location such as a family room as opposed to a child's bedroom.
9. Monitor the amount of time your child spends online and frequently check the computer's Web browsers, which provide information on the websites that have been accessed.
10. Contact the Cyber Tip Line at (800)843-5678 or [www.cybertipline.com](http://www.cybertipline.com) if you suspect an online predator has contacted your child.
11. Safetyweb.com also offers parents the ability to monitor the websites their child has visited as well as any phone number not on the "most called" list. They do charge a \$10 monthly fee for the service. The cost for a year is \$100.
12. Periodically check your adolescent's phone to check their apps; not all apps are legitimate or safe. You might also want to view the saved memories on snapshot.

Lisa L Pontine  
School Psychologist  
Bear Creek High School

## The Counselor Corner



The mission of the BCHS school counseling program is to Educate, Empower, and Encourage Everyone Everyday.

### Scholarship Updates

**To find the most up to date Scholarship information visit our Google doc spreadsheet:**

You can access this Google doc on the [Counseling website](#) under the Scholarships link.

Need help? Join us for **Scholarship Club** every Tuesday from 2:30-3:15 in the counseling office.

### Seniors, Let us Know

A copy of all scholarship and grant offers need to be turned into counselors as soon as possible in order to have it in the graduation program. We want to recognize you and your awards, so let us know!

### Go for a Visit

Counselors recommend that students visit colleges that they are considering. Just as you would test drive a car before purchasing, it's really important to check out potential college campuses. **The best college is the one that is the best fit for the individual.** Talk to current students about what they like, eat in the dining hall, view the college residence halls, look at classrooms, maybe even talk to some professors.

**Summer break** is a great time for **rising seniors** to visit the top colleges you are considering. Be sure to **reserve a time** through the college's website.

### Testing Season!

**All** juniors, sophomores, and freshman will take the state-mandated tests in April. Juniors will take the SAT on Tuesday, April 10<sup>th</sup>. Freshman will take the PSAT 9 and sophomores will take the PSAT 10 on Wednesday, April 11<sup>th</sup>. Students are automatically signed up for it through BCHS. Students should get a good night's sleep and eat a nutritious breakfast to be able to do their best on these important tests. Each student needs to bring the following to the test: several #2 pencils (sharpened and with good erasers), Student ID, SAT-approved calculator (TI-83 or 4-function). For more information about the SAT/PSAT 9/PSAT 10 and information about calculators go to <https://collegereadiness.collegeboard.org/>

### Quotable

Arriving at one goal is the starting point of another.

- John Dewey

### Help Your Teen Develop Self-Discipline

Parents: give yourself 5 points for each strategy that you usually do, 0 points for any that you never do, or any score in between.

1. **I don't rescue my teen.** If she gets herself in a pickle, I let her feel the consequences.
2. **I don't do things for my teen** that he could do himself.
3. **I encourage my teen** to get involved in activities, such as soccer, that develop self-discipline.
4. **I encourage my teen** to make her own study schedule and to stick to it.
5. **I give my teen choices** about which responsibilities/chores he will take in our home.

A score of 15 to 19 is average. Below 15 points indicates that you may wish to try more of the above strategies to help develop self-discipline in your teen.

### These Questions Can Help Your Teen Overcome Procrastination

Since teens don't always know how to make the most of their time available for studying, here are questions your students could ask themselves during their study time:

- **What is one task** I can do to advance toward my goal? Even though some projects seem too big to handle, by simply making one small step, you can make steady progress toward that goal.
- **How did I just waste time?** This simple question can help to become aware of your own time-robbars.
- **Can I do one more thing?** This can help you stretch. Just looking quickly over your notes once more may help you answer one or two more questions correctly on the next test.

#### **Counselor contact information:**

Kristen Kofoed	A-C	303-982-8721
Matt Schacht	D-I	303-982-8832
Gretchen Slaughter	J-M	303-982-0109
Joy Pearson	N-Sc	303-982-5283
Valerie Smrt	Sd-Z	303-982-8808

