Dear Parents and Guardians,

It is incredible to believe that second semester is already in the home stretch. In many ways, we have had an amazing school year. I take great delight in celebrating our students’ great successes throughout the year. For our graduating class, their attention is turning toward life after high school. This transition can be both exciting and difficult for students and families to manage. We tend to see nervousness, excitement, anxiety, and joy as we approach our graduation ceremony at Red Rocks on Friday May 17, 2019 at 2:00pm. Our juniors are beginning the mental transition to becoming seniors and focusing on life after high school. Summer break is an excellent opportunity for our current juniors and their families to schedule college visits as they begin to develop a vision for their senior of high school.

Please pay special attention to information in this newsletter about upcoming state testing. Our testing schedule involves students in grades 9-11. This is an intense series of assessments designed to diagnose how students are performing compared to state standards. We take the results of these tests very seriously and we use them for instructional planning and interventions.

This winter snow season has created some challenges for staff and students as we sprint toward the finish line. I cannot remember a year in recent memory that required us to utilize three snow days. While we all tend to get excited in the moment when we learn of these snow days, the reality of missed class time and instructional hours (state mandated) looms on the horizon. At this point, it does not appear that we will need to add additional days to our schedule to make up for these snow days as we have enough instructional hours built in. If we end up with another snow day this spring, we may need to reevaluate.

While we get ready to wind down the 2018-19 school year, we are also planning for the coming school year. We will begin the 2019-20 school year with a 9th grade Orientation Day on Wednesday August 14th and all students will report on Thursday August 15th. Watch for more information about these important dates coming soon. To see a full school year calendar, please visit: https://www.jeffcopublicschools.org/about/calendars.

We are excited to finish the current school year with great momentum. We value our partnership with parents and guardians as we work together to serve our wonderful students at Bear Creek High School! Thank you for all you do to support your children and our school.

Sincerely,
Lynn Torr
Principal
SENIOR FIELD STUDIES

Thirty-two seniors from Bear Creek who have enrolled in SENIOR FIELD STUDIES 2019 have finished the Orientation Field Studies and are back from a two week backpacking trip to the Arizona Desert. See photos at www.seniorfieldstudies.org.

These students are currently doing an individual community service project, and are planning for the Urban Field Study, which consists of 12 field visits in the Denver Metro area to see how cities work. In April they will spend a week living with a Colorado farm or ranch family and will end the semester with a week long white water rafting trip in Utah in May.

The course is all day and semester long. Students earn the same credits as taking 6 classes including .5 English, 1.5 Social Studies, .5 Safety and First Aide, and .5 Community Service credits. The cost of the semester long course is $1400.00. For more information about SENIOR FIELD STUDIES, contact Steve Porentas at sporenta@jeffco.k12.co.us.

STUDENT DROP-OFF AND PICK-UP

A reminder to parents, the faculty staff parking lot is not to be used for student drop-off or pick-up anytime during the school day, especially after school. Parents may park in the student parking lot on the north side along Dartmouth and your student may meet you there in the afternoons. In leaving the student parking lot, parents are able to make a right turn out of the student lot and drive straight to Dartmouth without making a left into traffic from the faculty staff parking lot which will create less congestion. Thank you for your consideration in keeping our students and staff safe.
BEAR CREEK HIGH SCHOOL CALENDAR 2018-2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>04/18/19</td>
<td>Spring Sports Assembly</td>
<td>05/16/19</td>
<td>Graduation Rehearsal/Gym/12:00 noon</td>
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<tr>
<td>04/19/19</td>
<td>Talent Show</td>
<td>05/17/19</td>
<td>Graduation at Red Rocks/2:00 p.m.</td>
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<tr>
<td>05/01/19</td>
<td>Prom/After Prom</td>
<td>05/22/19</td>
<td>No classes for students</td>
</tr>
<tr>
<td>05/09/19</td>
<td>Unified theatre Performance</td>
<td>05/23/19</td>
<td>Finals/Periods 1, 3, 5, 7</td>
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<tr>
<td>05/13/19</td>
<td>Academic/Athletic Awards Night/6:00 p.m.</td>
<td>05/24/19</td>
<td>Finals/Periods 2, 4, 6</td>
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<tr>
<td>05/14/19</td>
<td>Senior Finals/Periods 1, 3, 5, 7</td>
<td>05/27/19</td>
<td>Professional Development/No classes</td>
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<tr>
<td></td>
<td>Senior Finals/Periods 2, 4, 6</td>
<td>05/28/19</td>
<td>Memorial Day - No School</td>
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<td>Teacher Check-Out</td>
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FROM THE FINANCIAL OFFICE

Our annual Fines list (always a long one) will be posted beginning April 3, 2019 outside the Financial Office window. Please stop by and check the list to see if your student has any outstanding fines that need to be taken care of.

Students, if you have any questions concerning your account, stop by and talk to Ms. Shellhorn in the Financial Office. She doesn’t bite!

Yearbooks and graduation cap and gown will not be distributed to students who have outstanding fines. If you have a fine from last year, and picked up your yearbook that just means a fine was put on after yearbook distribution.

We need communication from parents if you cannot afford to pay part or all of your student’s school fees. We can work with you so we are not continuously trying to collect from you. However, we cannot waive fines for textbooks, library books, music pieces, parking citations and various other fines that may have been issued. If your student has any of the textbooks, library books, etc. in their possession, please have them drop them off at the Financial Office.

Seniors Please Note: Yearbook and Cap and Gown distribution is right around the corner! Don’t be turned away because you have an outstanding fine. All seniors must have their accounts at a **ZERO** balance in order to receive their cap and gown for graduation. The sooner you take care of this, the less you have to worry about at year’s end.

To see your student’s fees and/or fines, you can log onto Jeffco Connect, pull up your student, click on the “Jeffco Student Fee Payment” link (left hand side – last in list), click on the “FeeStmt” link and this will show you everything that has been paid and what is still owed. If there are optional fees showing, remember, those you do not have to pay. They are optional.

SENIORS

Graduation – 2:00 p.m., Friday, May 17, 2019

at Red Rocks Amphitheater

In order to participate in the graduation ceremony, seniors must complete the following:

- Pay the graduation fee of $25.00
- Pay all fines to Ms. Shellhorn in the Financial Office. Please check in the Financial Office for any outstanding fines. You will receive your cap and gown at rehearsal if fines are paid. Please don’t wait until the last minute; take care of this NOW.
- Order and wear the Bear Creek High School cap and gown. If you have not ordered your cap and gown, please contact Troy Tyson at Jostens immediately at (303) 470-5136.
- Attend graduation rehearsal on Thursday, May 16, 2019 at 12:00 noon in the main gym at BCHS.
- Complete all correspondence courses by April 5, 2019. The transcript must be in the counselor’s office by May 1, 2019.

If you have questions please contact Mr. Martinez, (303) 982-8776.

NO CLASSES FOR STUDENTS ON FRIDAY, MAY 17, 2019

Friday, May 17th is graduation at 2:00 p.m. at Red rocks Amphitheater.
BELL SCHEDULE
FINALS GRADES 9TH THROUGH 11TH

Wednesday, May 22 (full day)
Final Exam Bell Schedule

| Period 1 | 7:15-8:45 |
| Period 3 | 8:52-10:22 |
| BCTN    | 10:22-10:32 |
| Period 5 | Lunch A 10:39-11:17 |
|          | Class A 11:22-12:52 |
|          | Class B 10:39-12:09 |
|          | Lunch B 12:14-12:52 |
| Period 7 | 1:00-2:30 |

Thursday, May 23 (half day)
Final Exam Bell Schedule

| Period 2 | 7:15-8:45 |
| Period 4 | 8:52-10:22 |
| Period 6 | 10:29-11:59 |

NO LUNCH PROVIDED

Buses leave at 2:30 p.m.

April 2019 Testing Days Schedule

Below is the information for the testing days for April 9th – 18th. We want to strongly encourage parents/guardians not to schedule appointments on these days if it is a testing day for their student. Should you have any questions about this schedule or about testing in general, please contact Assistant Principal, Ms. Minnotte at ominnott@jeffco.k12.co.us

9th grade schedule

| Tues. 4/9: |
| No testing scheduled |
| No classes |

| Wed. 4/10: |
| 7:15 – 11:15  | PSAT 9 |
| No afternoon classes |

10th grade schedule

| Tues. 4/9: |
| No testing scheduled |
| No classes |

| Wed. 4/10: |
| 7:15 – 11:15  | PSAT 10 |
| No afternoon classes |

11th grade schedule

| Tues. 4/9: |
| SAT test – 7:15 – 11:15 |
| (SAT with writing until 12:30) |

| Wed. 4/10: |
| No testing scheduled |
| No classes |

| Thurs. 4/11 – Thur. 4/18 |
| CMAS Science testing in regularly scheduled Science classes |

***12th grade has no classes on 4/9 and 4/10

Buses will run on a normal schedule these days, and depart from BCHS at 2:40pm – students are permitted to wait in the cafeteria for the bus departure if a ride cannot be arranged.

Lunch will be served on 4/9 and 4/10, but will be a limited menu.
Graduation Information
~Class of 2019~

Contact Person
Mr. Jose Martinez III joamarti@jeffcoschools.us
(303) 982-8776

Senior Finals
Monday, 5/13 – Periods 1,3,5,7
Tuesday, 5/14 – Periods 2,4,6

Graduation Rehearsal
5/16 – 12:00 pm in the main gym
*All students who plan on participating in Graduation at Red Rocks must attend*

Senior Picnic
Thursday, May 16 @ 2:00pm (location TBD) immediately following rehearsal

Graduation Ceremony
Friday, May 17, 2019
2:00 pm
Red Rocks Amphitheatre
Graduates must report no later than 1:00 pm at the top Red Rocks

General Information
Cap & Gown – Caps & Gowns will be distributed after rehearsal on 5/16 after all fines and fees are cleared. Caps & Gowns can be ordered through Jostens at (303) 470-5136
Ceremony Expectations –
• Graduation is not meant to be a party. It’s a celebration.
• Dress appropriately.
• Be respectful to all graduates and attendees.
• Please refrain from using noise makers during the ceremony.
Diplomas – Diplomas will be presented after the graduate exits the stage. Legal names are printed on diplomas and read at graduation. Fines & Fees – All fines and fees must be cleared and books returned in order to pick up cap and gown at the rehearsal. Contact Gina Shellhorn at (303) 982-8860 with finance questions.
Handicap/Elderly/Disabled –
• Reserved seating will be available (rows 1-8). Space is limited, we ask that only one additional person per family sit in the designated area. No tickets will be issued for this area.
• Row 1 is reserved for WHEELCHAIRS ONLY.
• Shuttle busses will be available from the upper South lot for handicap, elderly, and disabled only. All others are expected to walk.
• You do not need to contact the school if you plan to utilize the shuttle or reserved seating.
Parking – Red Rocks charges $10 per car. The parking lot can get congested and the walk is tough. Arrive early.
Photos – Photos can be purchased from Grad Images, 1-800-628-4509 or gradimages.com.
Tickets – Tickets are not needed for graduation. Seating is on a first come, first served basis.
Video - TBD
Weather – If it rains, we get wet. Please come prepared with an umbrella. The weather would have to be very severe in order for us to move the ceremony to the gym. If this occurs, please check the Bear Creek website for updates.
KEEPING OUR CHILDREN SAFE

Statistics:

- An estimated 160,000 children miss school every day due to fear of attack or intimidation by others.
- 76.8 percent of students in one study stated they had been bullied and they had experienced severe reactions to the abuse.
- A survey conducted by the American Association of University Women reported that 85 percent of girls and 76 percent of boys have been sexually harassed in some form.

These numbers are alarming and with the latest generation the ability to utilize technology has expanded the reach for abuse in what we now call cyber bullying. It has been estimated that approximately 20 percent of children 11-18 years have been a victim at some point of their life. The effects are devastating leading to depression, anxiety and low self-confidence. Some cyber bullied youth have also reported suicidal thoughts. In addition to the cyber abuse sustained by their peers the possibility for victimization by sexual predators is real. While access to the internet can provide children with important learning experiences the internet provides access to large numbers of children and allows the sexual predator to remain anonymous. Results of a recent national survey have indicated one in five youth is sexually solicited over the internet. Given the potential dangers of children’s internet usage, and other media sources such as Instagram and Snapchat, the following strategies are offered for parents in keeping their children safe.

1. Talk with your adolescent about the potential hazards of online sexual solicitation and the risks associated with internet communication with strangers.
2. Discuss the dangers of face-to-face contact with someone met online.
3. Teach your child to avoid sending personally identifying information (e.g. real name, address, school, telephone number, photos) via the internet.
4. Encrypt your wireless home network.
5. Discourage your child from downloading games and other media which could contain Trojan and worm programs that enable remote access to computers by unauthorized users.
6. Supervise/monitor internet friends in a fashion similar to how neighborhood and school friends are monitored.
7. Set the internet browser (e.g. Internet Explorer) security feature to “high”.
8. Place the computer in a public location such as a family room as opposed to a child’s bedroom.
9. Monitor the amount of time your child spends online and frequently check the computer’s Web browsers, which provide information on the websites that have been accessed.
10. Contact the Cyber Tip Line at (800)843-5678 or www.cybertipline.com if you suspect an online predator has contacted your child.
11. Safetyweb.com also offers parents the ability to monitor the websites their child has visited as well as any phone number not on the “most called” list. They do charge a $10 monthly fee for the service. The cost for a year is $100.
12. Periodically check your adolescent’s phone to check their apps; not all apps are legitimate or safe. You might also want to view the saved memories on snapshot.

Ashley Eidmann, LSW
School Social Worker
Bear Creek High School
303-982-1865
The mission of the BCHS school counseling program is to Educate, Empower, and Encourage Everyone Everyday.

Scholarship Updates
To find the most up to date Scholarship information visit our Google doc spreadsheet:
You can access this Google doc on the Counseling website under the Scholarships link.
Need help? Join us for Scholarship Club every Tuesday from 2:30-3:15 in the counseling office.

Seniors, Let us Know
A copy of all scholarship and grant offers need to be turned into the counseling office no later than May 3rd in order to have it in the graduation program. We want to recognize you and your awards, and the only way we can is if you let us know, so let us know!

Go for a Visit
Counselors recommend that students visit colleges that they are considering. Just as you would test drive a car before purchasing, it’s really important to check out potential college campuses. The best college is the one that is the best fit for the individual. Talk to current students about what they like, eat in the dining hall, view the college residence halls, look at classrooms, and maybe even talk to some professors. Summer break is a great time for rising seniors to visit the top colleges you are considering. Be sure to reserve a time through the college’s website.

Testing Season!
All juniors, sophomores, and freshman will take the state-mandated tests in April. Freshman will take the PSAT 9 and sophomores will take the PSAT 10 on Wednesday, April 10th. Juniors will take the SAT on Tuesday, April 9th. Students are automatically signed up to take these tests for free through BCHS. Students should get a good night’s sleep and eat a nutritious breakfast in order to do their best on these important tests. Each student needs to bring the following to the test: several #2 pencils (sharpened and with good erasers), Student ID, and a SAT-approved calculator (TI-83 or 4-function). For more information about the SAT/PSAT 9/PSAT 10 and information about calculators go to https://collegereadiness.collegeboard.org/

Quotable
You can’t go back and change the beginning but you can start where you are and change the ending.
~C.S. Lewis

Help Your Teen Develop Self-Discipline
Parents: give yourself 5 points for each strategy that you usually do, 0 points for any that you never do, or any score in between.

1. I don’t rescue my teen. If she gets herself in a pickle, I let her feel the consequences.
2. I don’t do things for my teen that he could do himself.
3. I encourage my teen to get involved in activities, such as soccer, that develop self-discipline.
4. I encourage my teen to make her own study schedule and to stick to it.
5. I give my teen choices about which responsibilities/chores he will take in our home.

A score of 15 to 19 is average. Below 15 points indicates that you may wish to try more of the above strategies to help develop self-discipline in your teen.

These Questions Can Help Your Teen Overcome Procrastination
Since teens don’t always know how to make the most of their time available for studying, here are questions your students could ask themselves during their study time:

- What is one task I can do to advance toward my goal? Even though some projects seem too big to handle, by simply making one small step, you can make steady progress toward that goal.
- How did I just waste time? This simple question can help to become aware of your own time-robbers.
- Can I do one more thing? This can help you stretch. Just looking quickly over your notes once more may help you answer one or two more questions correctly on the next test.

Counselor contact information:

<table>
<thead>
<tr>
<th>Name</th>
<th>Initials</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kristen Kofoed</td>
<td>A-C</td>
<td>303-982-8721</td>
</tr>
<tr>
<td>Matt Schacht</td>
<td>D-I</td>
<td>303-982-8832</td>
</tr>
<tr>
<td>Gretchen Slaughter</td>
<td>J-M</td>
<td>303-982-0109</td>
</tr>
<tr>
<td>Joy Pearson</td>
<td>N-Sc</td>
<td>303-982-5283</td>
</tr>
<tr>
<td>Valerie Smrt</td>
<td>Sd-Z</td>
<td>303-982-8808</td>
</tr>
</tbody>
</table>
BEARS HONORED BY THE COLLEGE BOARD

Congratulations to our BCHS Bears who were honored by the College Board for their strong performances on their Advanced Placement Exams.

AP Scholar with Honor: Granted to students who receive an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams.

Edward Botterbusch
Miranda Manfre
Ian Off
Marin Seigh
Joshua Sweeney
Sylvia Tran
Alexis Vega

AP Scholars: Granted to students who receive scores of 3 or higher on three or more AP Exams.

Daniella Clark
Ryan Deitrick
Alia Feltes-DeYapp
Kira Funk
Barrett Lister
Malaak Madhoun
Kelsey Maiers
George Martinez
Megan McGriff
Brianna Ramirez
Nicholas A. Venner